

# Eryri | Snowdonia

Mynyddoedd a Môr  
Mountains and Coast

## 1. Website Day Itinerary – Activity and Adventure

**Location:** Pwllheli

**Morning:** Enjoy a great family day out and try the many activities on offer at **Glasfryn Activity Parc and Bowling Centre** located near Pwllheli in the heart of the Llyn Peninsula in North Wales.

Whether you decide to take the Challenge Of The Go-Karting Circuit (Just Arrive And Drive), The Quad Bike Safari (Pre-Booking Required) Or Try Your Hand At Ten Pin Bowling, Fishing, Archery Or The Kids' Zone with soft play area and play frame as well as a party room, Glasfryn offers the ideal family day out in North Wales for everyone aged from three years up...just don't forget your camera!

Award winning Farm Shop. Two restaurants



**Contact:** Glasfryn Parc, Y Ffôr, Pwllheli, LL53 6PG

Tel: 01766 810202

[www.glasfryn.co.uk](http://www.glasfryn.co.uk) e: [info@glasfryn.co.uk](mailto:info@glasfryn.co.uk)

**Location:** Llanberis (Travel time from Pwllheli – 54 min, 27.1 miles)

**Lunch:** Why not stop off at **Pete's Eats** when you arrive in Llanberis, the lakeside village at the foot of Snowdon. Since 1978 **Pete's** has been serving the most generous portions to hungry adventurers along with pint mugs of tea. The café has been a mecca for climbers and outdoor enthusiasts to meet and share ideas and information about their sports and now has an international reputation. You can enjoy an inexpensive, value for money menu with a wide choice of food including good vegetarian options. There's also a book exchange and over 400 maps available in order to study the area in minute detail and plan some lovely walks.

**Contact:** Pete's Eats, High Street, Llanberis LL55 4EU

Tel: 01286 870117 [www.petes-eats.co.uk](http://www.petes-eats.co.uk) e: [eat@petes-eats.co.uk](mailto:eat@petes-eats.co.uk)

**Afternoon: Ropes and Ladders** is the activity high ropes course in Llanberis, right in the heart of Snowdonia. Situated in a beautiful woodland setting in Padarn Country Park, Llanberis, the main activities provide an exciting outdoor adventure activity for families, groups and individuals from 8 to over 80 years old.

Adults and children alike can enjoy the excitement of the ropes course with its aerial challenges, climbing, leaps, giant swing and zip line with spectacular views of the adjacent lake and the mountains of Snowdonia. Your instructor will be on hand throughout the activity to encourage and advise beginners or experienced users.



A new kid's course opened in 2009, suitable for children 4 to 8yr olds. Now the smaller members of the family won't need to feel left out!

**Contact:** Ropes and Ladders, Gilfach Ddu,  
Llanberis, Gwynedd LL55 4TY  
Tel: 01286 872310  
[www.ropesandladders.co.uk](http://www.ropesandladders.co.uk)  
e: [info@ropesandladders.co.uk](mailto:info@ropesandladders.co.uk)

**Additional Information/Evening:** Caban Café in the neighbouring village of Brynrefail. Globetrotting Buffet Evenings. Most Saturdays, Caban hosts a buffet evening at only £12.00 a head. Each buffet evening has a different theme. A good chance to taste different foods and styles from around the world. Doors open at 7pm and the food is out at about 7.30pm.

**Contact:** Caban, Brynrefail, Caernarfon, LL55 3NR  
Tel: 01286 685 500  
[www.caban-cyf.org](http://www.caban-cyf.org) e: [caban@caban-cyf.org](mailto:caban@caban-cyf.org)